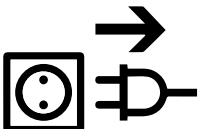
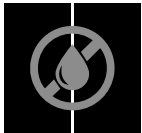


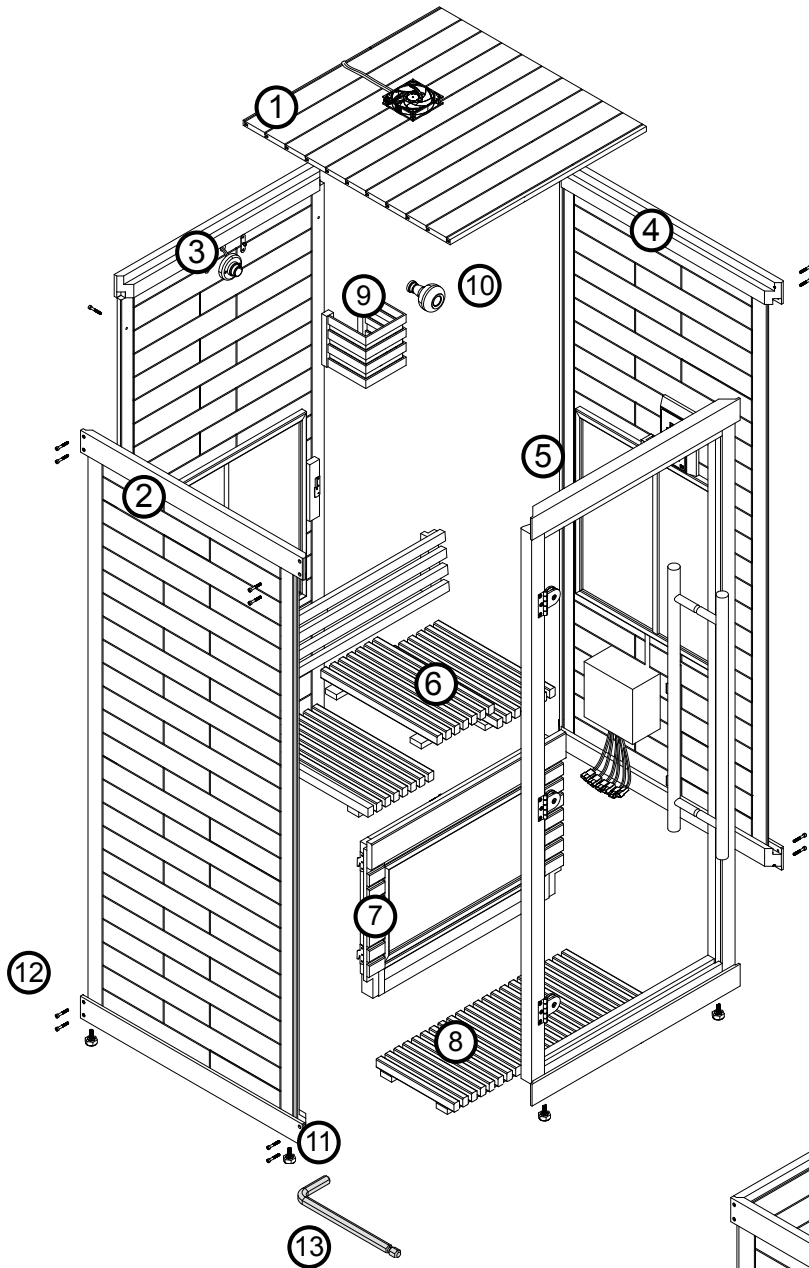
Infrared Sauna Assembly Manual

Safety Instructions

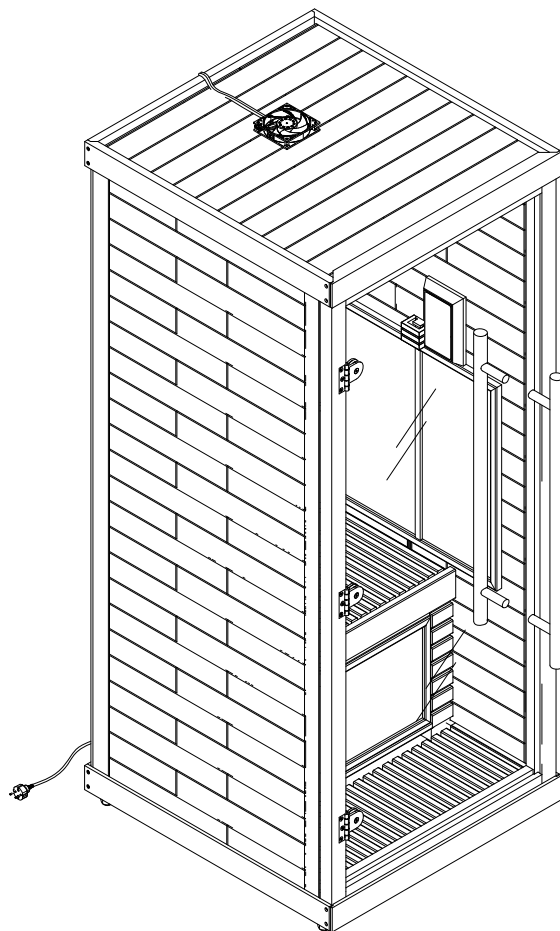


- Do not allow children or people with mental disabilities to use or to stay inside IR sauna room without adult supervision.
- Overexposure may have adverse effect to the body.
- Make sure that the heat from the IR panel is not directly hitting to your head.
- Do not use IR sauna room when you are suffering from sunburns, skin deceases or undergoing photosensitivity treatments.
- Refrain from using the infrared sauna room when any of its components are broken.
- A minimum space of 50mm in all sides of the IR sauna room must be provided for proper airflow.
- Never throw water into the infrared panels as it may cause damage.
- People suffering with cardiovascular diseases or those with hypertension must seek medical attention before using the IR sauna room.
- Those suffering with skin diseases (erythema) or any skin reaction caused by using IR sauna room must seek medical attention before using once again the sauna.
- Avoid using the IR sauna room when intoxicated.
- Never leave the IR sauna room ON unattended.
- Unplug the sauna room from socket when doing maintenance or cleaning.
- If the supply cord is damaged, it must be replaced by the manufacturer or its qualified service agent to avoid hazard.
- Plug must be easilly accessible in case of emergencies.
- Do not cover the IR sauna panels as it may cause fire.

Parts List Exterior



1. Ceiling Assembly
2. Wall 1 Assembly
3. Wall 2 Assembly
4. Wall 3 Assembly
5. Door Set
6. Bench Covers
7. Bench Skirting Assembly
8. Flooring
9. Light Cover
10. Music Light
11. Adjustable Base Support
12. 6RM08-936 Wall Screws
13. Allen Wrench



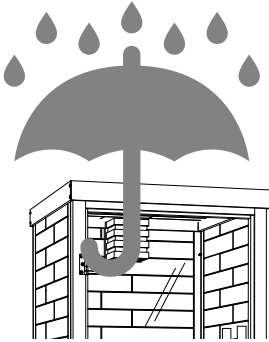
IR Manual

Introduction

Congratulations on your purchase of SAWO IR sauna room. Please read carefully the manual prior to installation. Follow carefully the instructions listed in the manual before using.



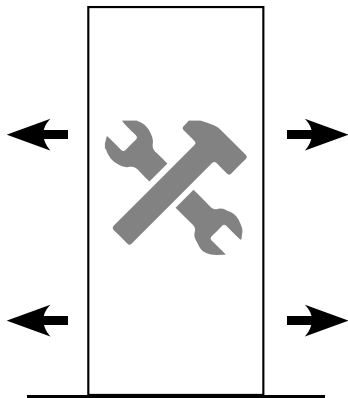
A 30 minute sauna session is recommended for IR sauna rooms. Prolong exposure to infrared heat may cause hyperthermia. Drink plenty of water or fluids before and after sauna to replenish lost liquids from the body.



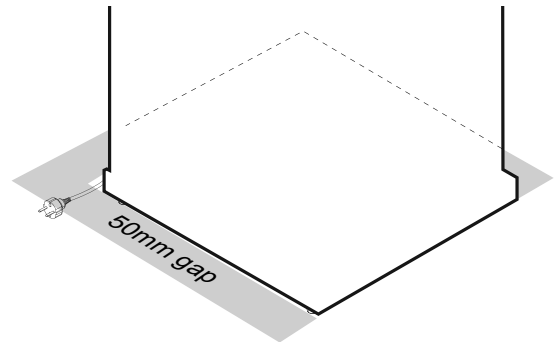
Location

IR sauna rooms are best placed in a dry area so that wood will not get damage by moisture. For a more enjoyable sauna, IR sauna can be installed near a bathing facility e.g. shower room, swimming pool, jacuzzi, etc.

Installation requirements



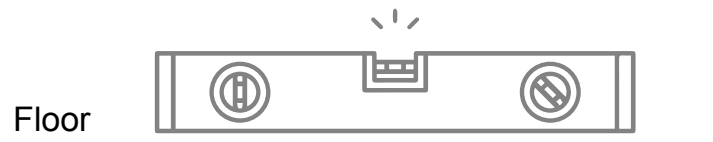
1. Keep enough workspace for installation



2. 50mm clearance from the wall is needed to easily access the power chord

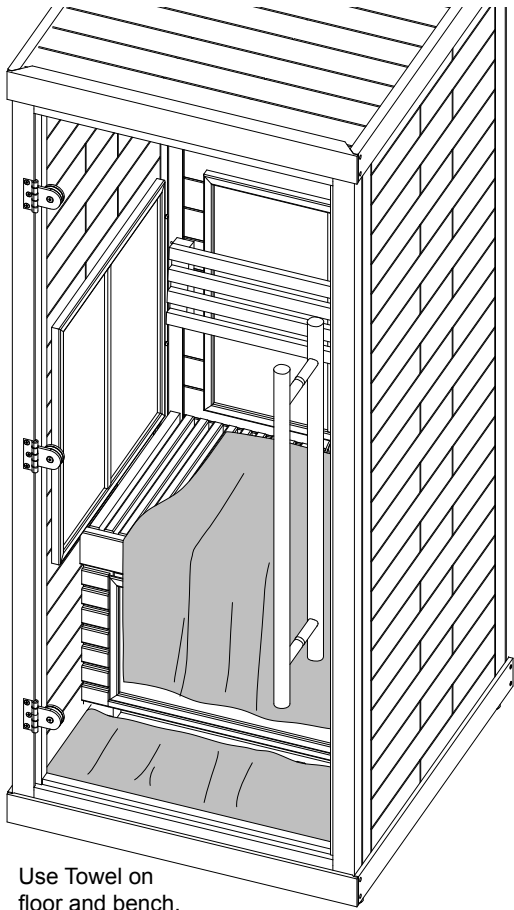


3. Make sure to use a plug or a safety circuit connection to cut off power in case of emergency.

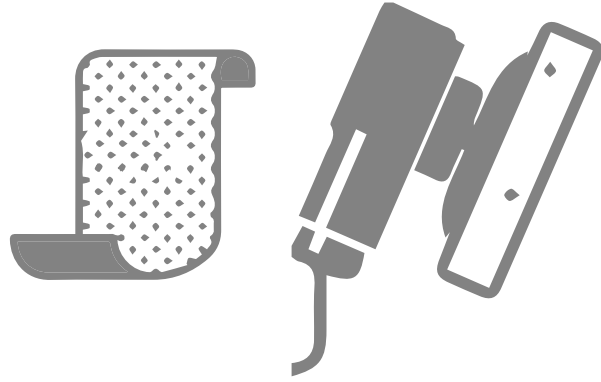


4. Floor area is recommended to be level, else you may adjust the adjustable base support.
5. Do not install IR sauna room in recess area.

Cleaning & Maintenance



Use Towel on floor and bench.

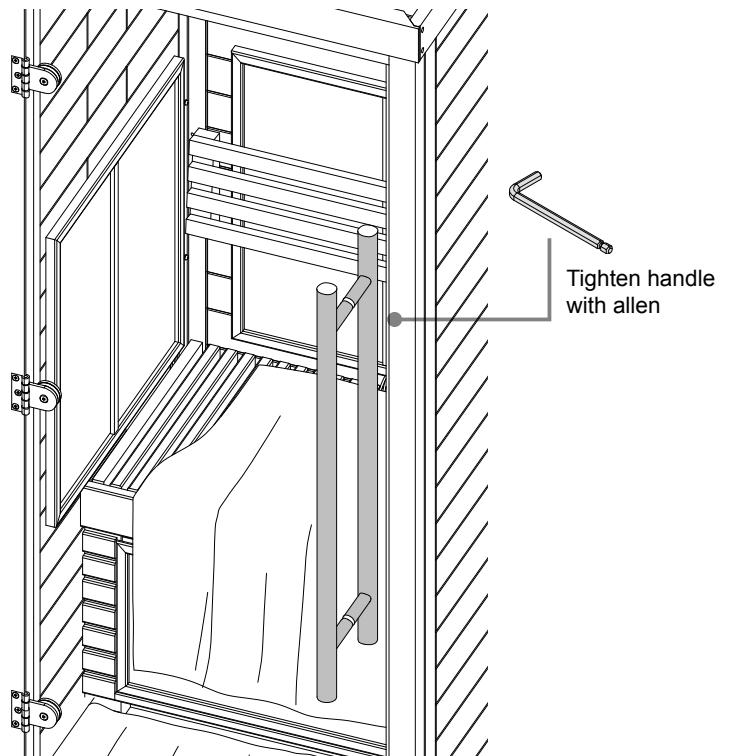
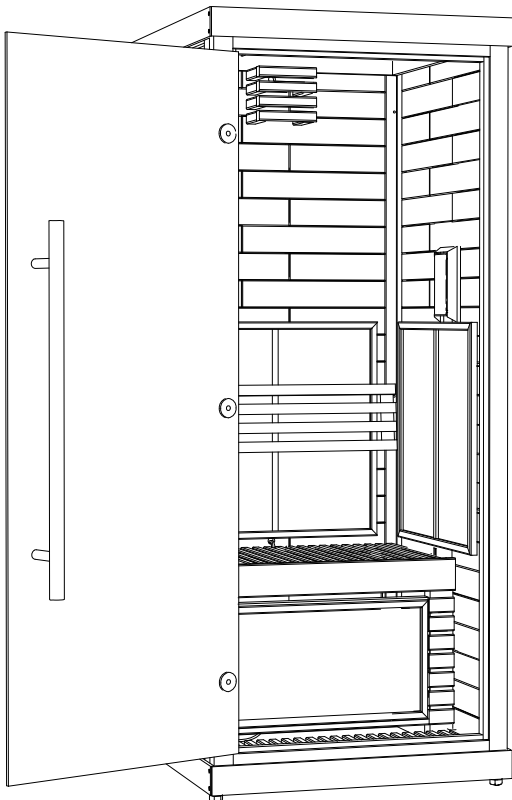


IR sauna rooms are very easy to clean and maintain. When using the IR sauna room, it is recommended to use a towel to cover the benches and the floor to avoid stains into the wood. If stains occur, use a sandpaper to polish it. This way the wood is kept into its original character.

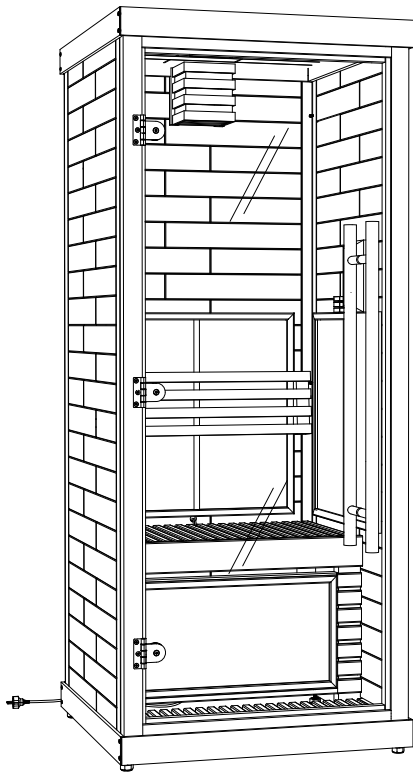


Do not use high pressure water spray or steam cleaners as it may damage the electrical components of the IR sauna room.

After using the sauna, open the door and ventilation louver to let fresh air flow inside and dry the sauna room. Tighten the door handle once in a while as it may loosen because of frequent heat exposure of the wood. Music light can be changed with a 40 or 50 watt light bulb or similar.



Using the IR sauna



When using for the first time, check thoroughly the inside of the IR sauna room for unnecessary objects. Switch the IR sauna room ON and leave the door open for about an hour. This is to heat up the room and remove any fumes or dust that was produced during the installation.



It is best to take a shower before and after the sauna. This is to neutralize your body temperature before and after heating inside the sauna.

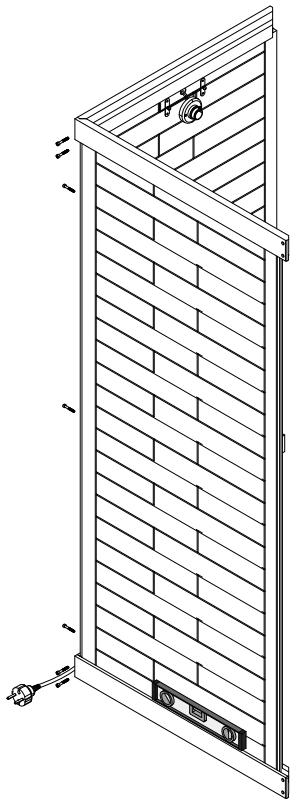
IR sauna does not require preheating time so as soon as you switch on the control, you are ready to take that soft heat from IR panels.


Adjust the light colors or play music inside while relaxing. See control instructions in page 12


Assembly

This portion will guide you through the sauna room assembly. It is recommended that IR sauna room be installed by 2 persons.

1 Fit Wall 1 and Wall 2 Assembly. See to it that they are level using the leveler. Affix together with screws.





 6RM08-936
Wall Screws

 Adjustable Base Support
Twist to adjust base height if necessary

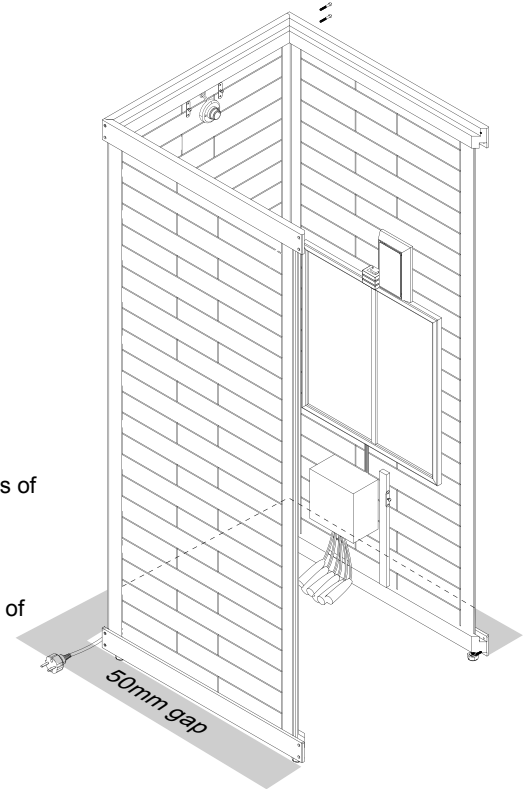
 Leveler

 Allen Wrench

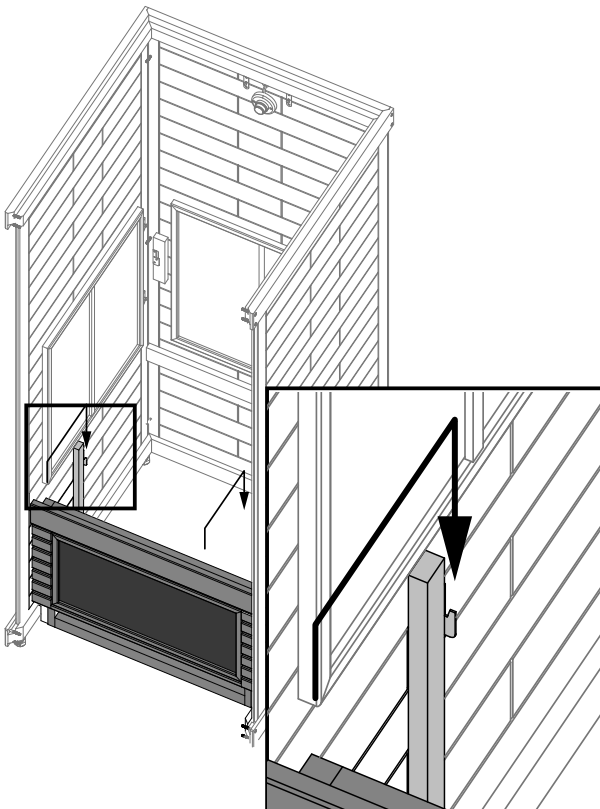
 Make sure to leave 50mm space in all sides of the IR sauna room from the wall.

 Plug must be easily accessible in case of emergencies.

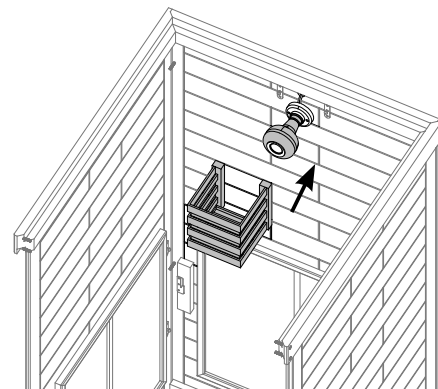
2 Attach the Wall 3 Assembly and make sure that all walls are level and on the same height before fixing the walls.



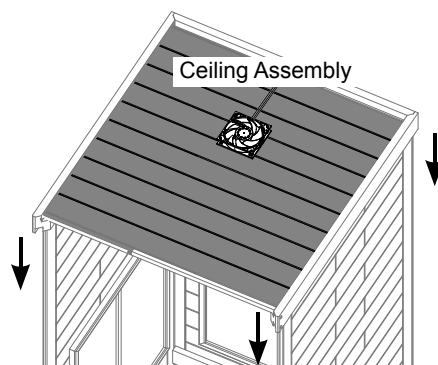
3 Mount the bench skirting assembly into the anchor locks.



4 Install the music light and light cover

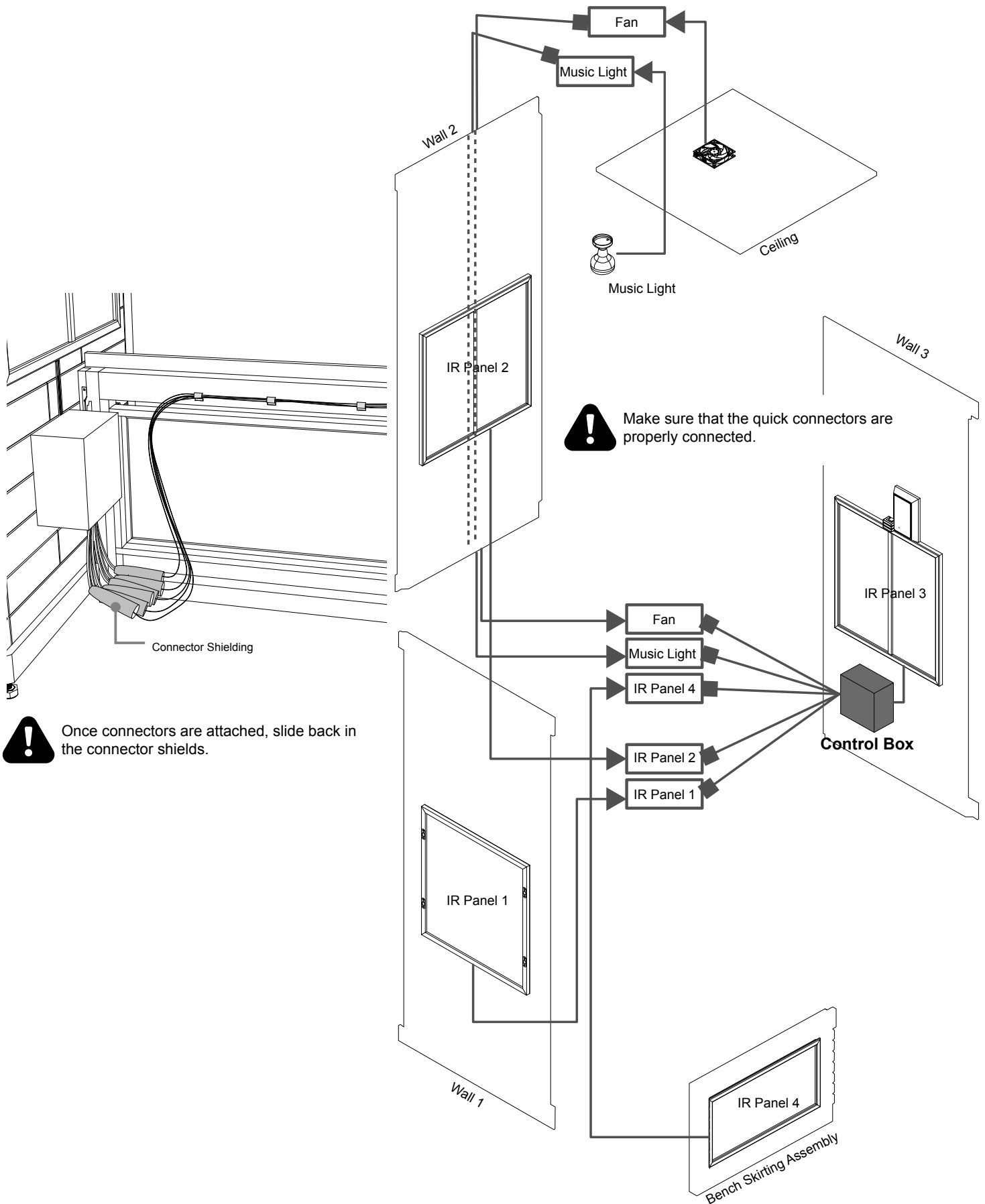


5 Attach the Ceiling Assembly



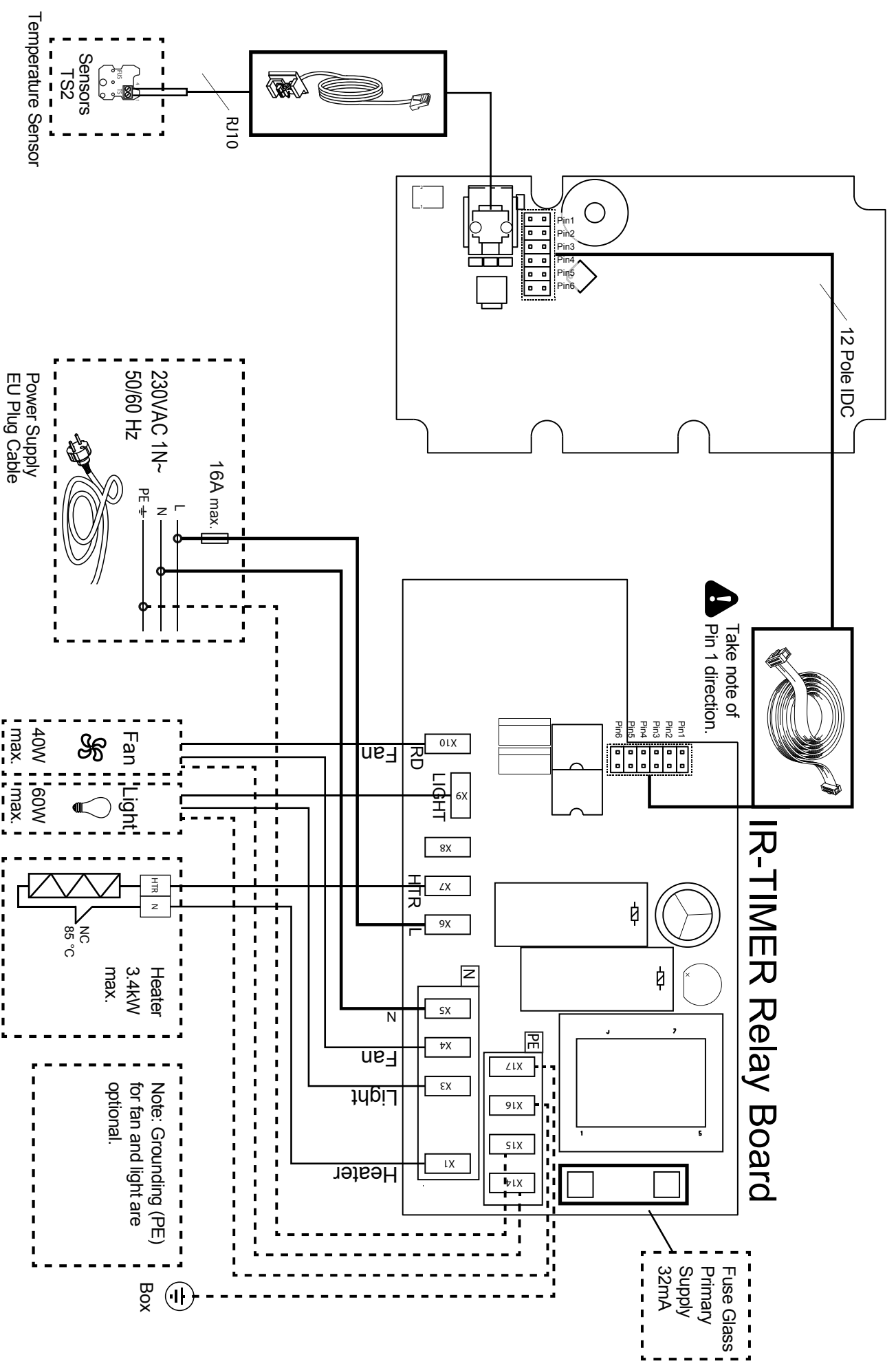
IR Panel and Electrical Connections

6 Install electrical connections according to the labels attached in the control box.



IR Electrical Diagram

IR Control Panel



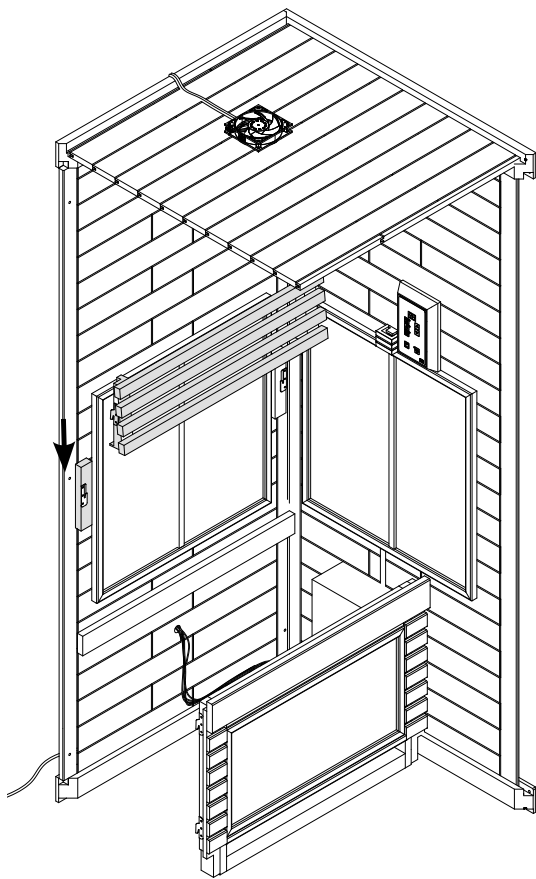
Take note of Pin 1 direction.

Fuse Glass Primary Supply 32mA

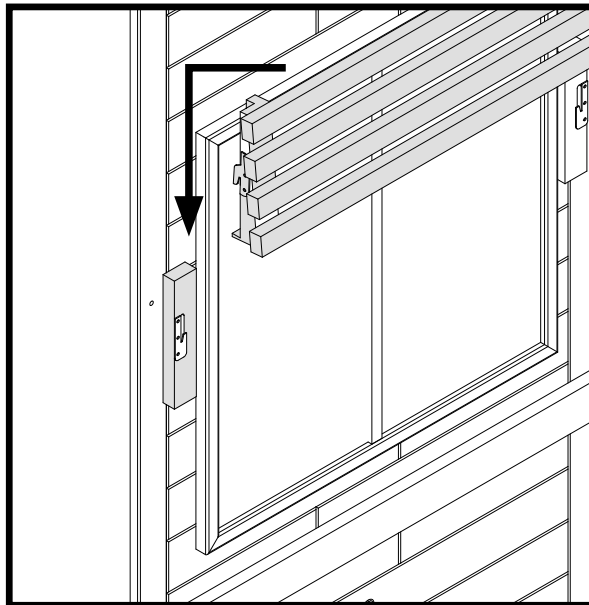
Note: Grounding (PE) for fan and light are optional.

Bench, Backrest and Flooring

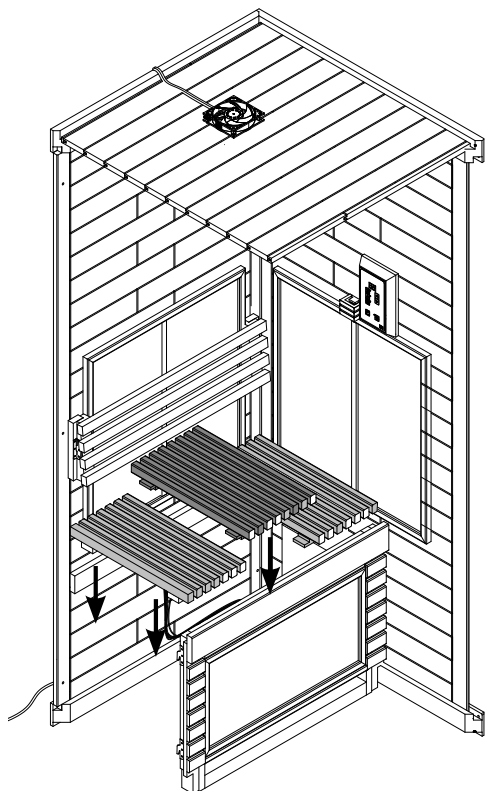
- 7** Attach backrest by inserting it into the anchor locks.



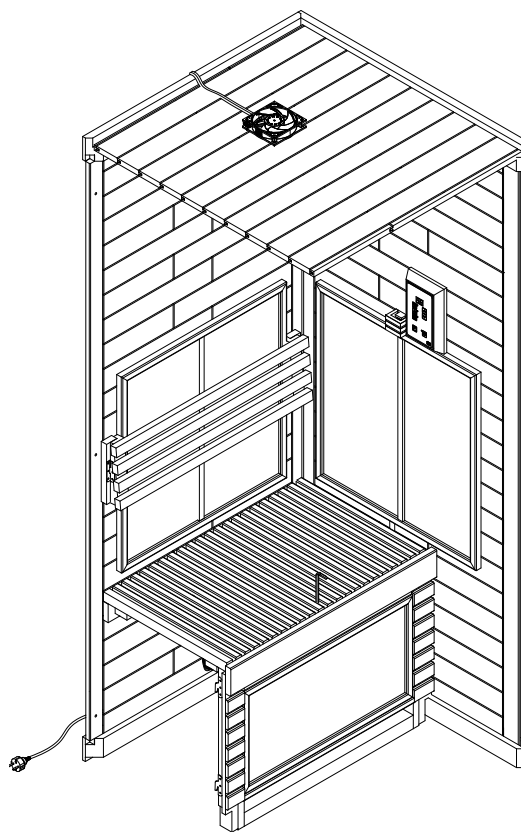
Anchor locks
blow-up



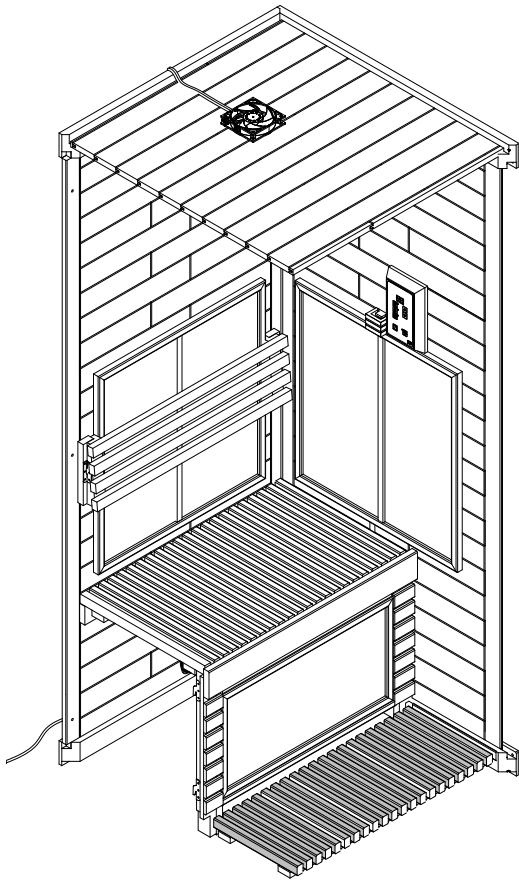
- 8** Install Bench Covers starting from both sides and then the middle cover.



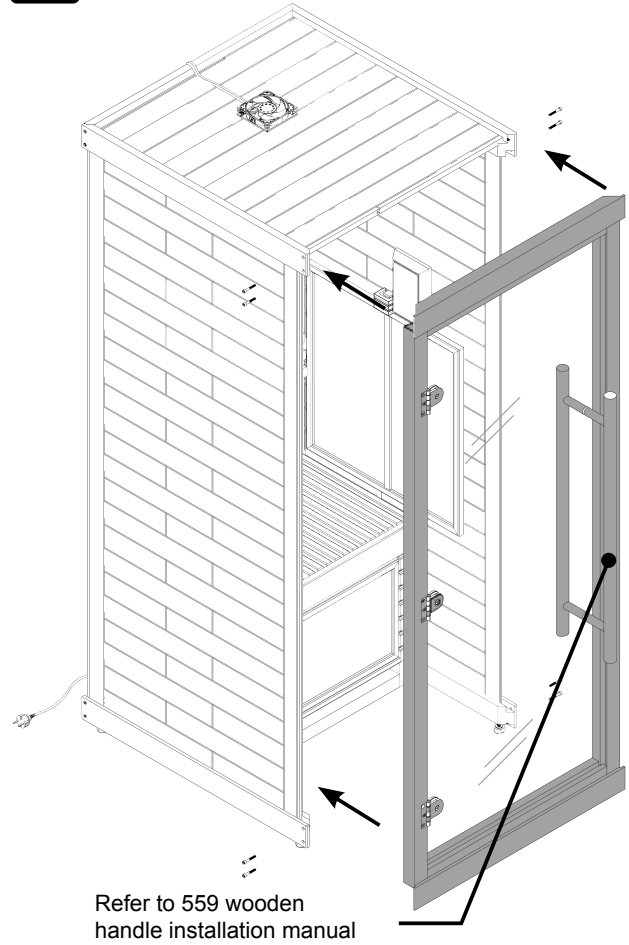
- 9** Secure the middle bench cover with a screw.



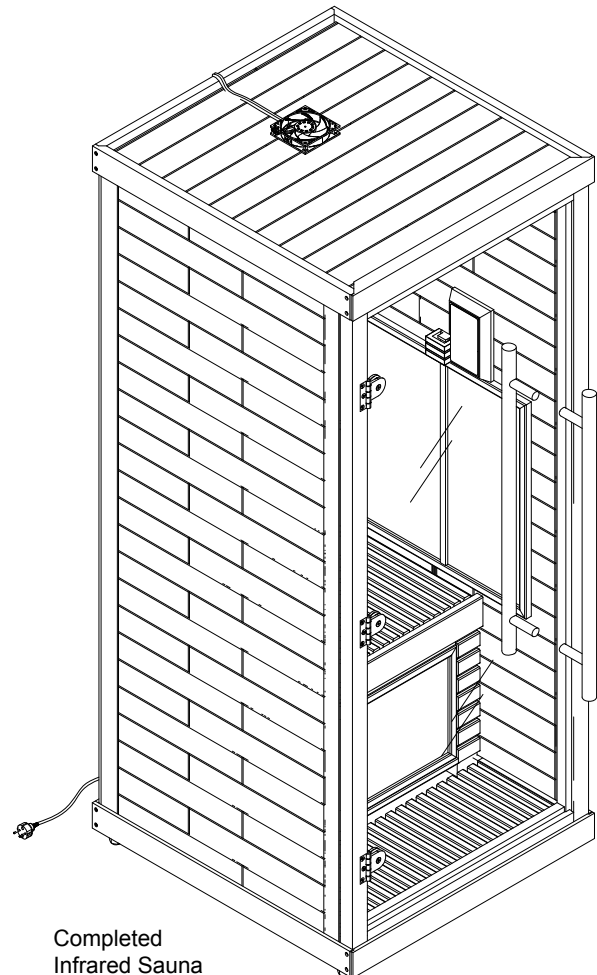
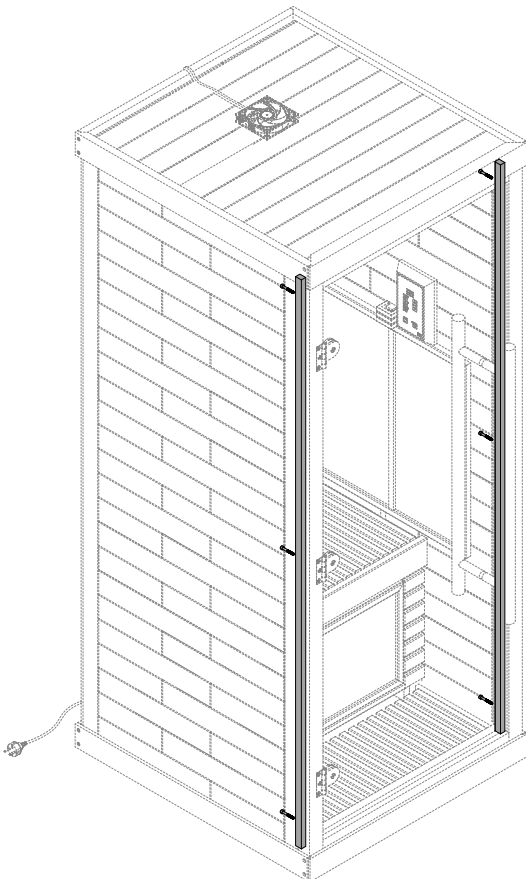
10 Install the flooring.



11 Attach the Door Set.










12 Secure Door Set from inside with additional screws.



IR Control Basic Usage

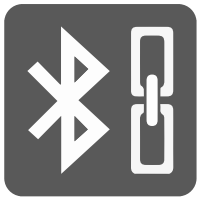


- A. LED Display
- B. Session Time button
- C. Temperature button
- D. Fan button (on and off)
- E. Power button
- F. Increase button
- G. Decrease button
- H. Light button

1. To operate your IR sauna, start the power button .
2. Adjust the  Temperature Button and press up  or  down arrow to increase/decrease temperature.
3. Then press the Session Time button  to set your session time.
4. Turn on the light button .
5. Turn on fan as needed .

Enjoy your sauna.

Bluetooth speaker



Turn on Bluetooth device. Scan for available devices then pair with “Speaker BEST L1”. Once connected, a dual prompt tone will be heard. Play your music playlist and music is now streamed from your device to the Bluetooth speaker.

The Bluetooth function is still working even when light is switched off via the remote control which means you can still enjoy listening to the music.

Remote controlled LED bulb



The light can be controlled by a separate controller. It can be dimmed and changed to the desired colors.

To change color without using the remote, turn on the music light using the interface control and switch it off and on again within 3 seconds then color lights will flash randomly.

Parameters

Input voltage	:	AC 100-240V/50Hz-60Hz
Total power	:	12W
LED power	:	6W
Speaker	:	3W
Bluetooth range	:	10m (33ft)
Cap base	:	E27



Cautions:

1. Do not place the bulb and remote into hot surface.
2. Turn off the power when not in use.
3. Install the bulb away from wires of devices, high-power electrical appliances, wall corners or other obstacles to avoid intermittent connection.